

* Flexible Seating*



Dear families and friends,

We are writing to inform you of an exciting change that is taking place in our classroom. This year we will be incorporating flexible (or alternative) seating. This means that when students are working they will have the freedom to find comfortable spaces around the room to work. They might be kneeling, standing, sitting, working on carpet squares, leaning on a pillow with a clipboard, sitting at a desk with an exercise ball or bicycle. There are many possibilities of what this can look like in a classroom.

Research shows that students are able to focus and do their best work when they are comfortable. Classrooms across the nation are changing the way student workspaces look, for the better! Please join us in helping make our classroom a successful learning space for every child.

The current options in our classroom are: bike pedals, yoga balls, a standing table, pillows, sit spots, scoop rockers, and stools. We will spend the first 9 weeks rotating weekly through the options. They will learn how to sit (not play) at their assigned table. In the 2nd 9 weeks they will choose where to sit each time we do an activity. Thank you so much for your support.

Sincerely,

Ms. Summerour